

# 'To Care and to Cure'

## Who's who and what do they do?

A handy guide to care providers and what services they can assist you with.

Service	What do they do?
<b>MND and Me Foundation Client Services Manager</b>	<ul style="list-style-type: none"> <li>• New member intake and referral to Spark Neurocare Support Coordination</li> <li>• Provides information and links to service providers including allied health</li> <li>• Facilitates support groups</li> <li>• Provides National Disability Insurance Scheme (NDIS) and My Aged Care (MAC) advice and information</li> <li>• Implements communication connect programs</li> <li>• Oversees equipment and small grant applications</li> <li>• Liaises with hospital and regional health district MND clinics Statewide</li> <li>• Provides emotional and well being support to families and carers</li> </ul>
<b>GP</b>	<ul style="list-style-type: none"> <li>• Provides general health care such as routine physical examinations, immunisations, and referrals to specialist as required</li> <li>• Assesses and treats any illness or injury</li> </ul>
<b>Neurologist</b>	<ul style="list-style-type: none"> <li>• Is a medical specialist in disorders of the nervous system such as MND</li> <li>• Coordinates diagnostic testing and makes the formal diagnosis of MND</li> <li>• Monitors disease progression and symptom management</li> <li>• Reviews and prescribes medications</li> <li>• Makes referrals to other specialists and Allied Health providers</li> <li>• Provides evidence of diagnosis</li> </ul>
<b>Respiratory Specialist</b>	<ul style="list-style-type: none"> <li>• Is a medical specialist in disorders of the lungs and breathing</li> <li>• Provides advice about breathing</li> <li>• Assesses and monitors current respiratory status</li> <li>• Reviews and prescribes medications and treatments including non- invasive ventilation (NIV)</li> <li>• Conducts sleep studies</li> </ul>
<b>MND Clinic Nurse Coordinator</b>	<ul style="list-style-type: none"> <li>• Provides nursing case management throughout duration of symptom progression</li> <li>• Triage and coordinates specific MND / Neurology clinic visits</li> <li>• Provides phone support services</li> <li>• Facilitates peer and community education</li> </ul>
<b>Social Worker</b>	<ul style="list-style-type: none"> <li>• Provides counselling on the psychological and emotional aspects of MND</li> <li>• Assists with planning for the future</li> <li>• Provides information on services and resources</li> <li>• May assist with referrals for Aged Care Assessment Team (ACAT) assessments, community services, and psychosocial assessments for people with MND or carers</li> </ul>
<b>Speech Pathologist</b>	<ul style="list-style-type: none"> <li>• Provides advice about communication, including communication devices.</li> <li>• Swallowing, eating and drinking</li> <li>• Saliva management</li> <li>• Safe meal time positioning</li> </ul>

Service	What do they do?
<b>Palliative care Team Leader</b>	<ul style="list-style-type: none"> <li>• Specialises in interventions that can improve quality of life for people with life limiting conditions, including:               <ul style="list-style-type: none"> <li>• assessing a person's needs and symptom management</li> <li>• discussing preferences around artificial nutrition, respiratory support and an advanced health care directive</li> </ul> </li> <li>• supporting you during the final months, weeks and days at home, in residential care, a palliative care unit or in hospital</li> <li>• supporting your carer</li> </ul>
<b>Occupational Therapist</b>	<ul style="list-style-type: none"> <li>• Provides support to people whose MND prevents them doing the activities that matter to them.</li> <li>• Identifies strengths and difficulties in everyday life, such as dressing or getting to the shops, and will help work out practical solutions.</li> <li>• Solutions may include the introduction to specific pieces of equipment to assist in maintaining safety and independence at home and when out in the community.</li> <li>• Facilitates assessments for home modifications</li> </ul>
<b>Physiotherapist</b>	<ul style="list-style-type: none"> <li>• Provides advice about maintaining physical activity and mobility</li> <li>• Explore specific disability aides and pieces of equipment that may assist in maintaining independence</li> <li>• Respiratory management</li> <li>• Positioning for comfort</li> <li>• Fatigue and pain management</li> </ul>
<b>Psychologist</b>	<ul style="list-style-type: none"> <li>• Assesses, diagnoses and treats mental health issues</li> <li>• Provides specialist and general counselling</li> <li>• Monitors and manages anxiety, depression and other psychological issues.</li> </ul>
<b>Dietician</b>	<ul style="list-style-type: none"> <li>• Provides advice to ensure a person with MND is eating and drinking enough to maintain their weight, energy levels and ongoing enjoyment of food.</li> <li>• Provides advice about symptoms that may affect eating and drinking</li> <li>• Provides guidance on nutritional supplements and tube feeding</li> </ul>
<b>Community Nurse</b>	<ul style="list-style-type: none"> <li>• Manages care within the community, rather than in a hospital or private clinic</li> <li>• Visits patients in their homes</li> <li>• Provides the necessary advice and care regarding wound management, continence care, catheter care and palliative care amongst others</li> </ul>
<b>Support Coordinator</b>	<ul style="list-style-type: none"> <li>• Advice, information and resources</li> <li>• Links to local service providers and suppliers of aids and equipment</li> <li>• Referral to wellness and educational programs and events</li> <li>• Referral to allied health services such as Physiotherapy, Occupational Therapy and Speech Therapy</li> <li>• Ways to manage everyday life</li> <li>• Accessing National Disability Insurance Scheme (NDIS) or My Aged Care</li> <li>• NDIS support coordination</li> </ul>
<b>NDIS Planner/ MAC Case Manager</b>	<ul style="list-style-type: none"> <li>• NDIS Planners are responsible for conducting planning conversations, risk assessments and making reasonable and necessary decisions in accordance with the NDIS Act 2013</li> <li>• The My Aged Care Case Manager's role is to work closely with patients and their family, understand the detail in their ACAT assessment and design a Care Management Plan to best suit needs</li> </ul>